



**MINUTES OF THE
NCCSIF POLICE RISK MANAGEMENT COMMITTEE MEETING
ROCKLIN EVENT CENTER, ROCKLIN, CA
MAY 2, 2019**

MEMBERS PRESENT

Sgt. Gary Hopping, City of Auburn
Rachel Ancheta, City of Dixon
Capt. Rodney Rego, City of Elk Grove
Chief Allen Byers, City of Gridley
Lt. Rodney Harr, City of Gridley
Sgt. Jeff Arnold, City of Ione

Capt. Chris Mynderup, City of Jackson
Lt. Gil Zarate, City of Oroville
Capt. Brad Paduveris, City of Rocklin
Capt. Trent Jewell, City of Rocklin
Lt. Scott Horrillo, City of Rocklin
Asst. Chief Jeremy Garcia, City of Yuba City

GUESTS & CONSULTANTS

Marcus Beverly, Alliant Insurance Services
Dori Zumwalt, York Risk Services Group, Inc.
Jill Petrarca, York Risk Services Group, Inc.

Tom Kline, York Risk Services Group, Inc.
David Black, CEO, Cordico
Paul Wright, CEO, Savvy Health Solutions

A. CALL TO ORDER

Chief Jeremy Garcia, Yuba City, acting Chair called the meeting to order at 10:06 a.m.

B. APPROVAL OF AGENDA AS POSTED

A motion was made to approve the Agenda as posted.

Motion: Gridley

Second: Rocklin

Motion Carried

C. PUBLIC COMMENTS

There were no public comments.

D. CONSENT CALENDAR

1. Police Risk Management Committee Meeting Minutes - February 21, 2019

A motion was made to approve the Consent Calendar as presented.

Motion: Rocklin

Second: Jackson

Motion Carried



E. RISK MANAGEMENT

E.1. Police Risk Management Grant Funds

Mr. Marcus Beverly indicated that the NCCSIF members have funded grants totaling \$50,000 per year for their police departments to purchase and implement Body-Worn Cameras (BWCs) since FY 14/15. The Board has approved the draft budget that includes another \$50,000 round of funding for FY 19/20. The schedule of grant funding will be updated to include FY 19/20 once the final budget is approved.

The Program Managers also brought a request to the Board to allow the two members who do not have BWCs, Galt and Anderson, to use their accrued funds for other risk management purposes, notably the implementation of the Cordico app. The Board members inquired as to why the members did not have BWCs and requested that the criteria stay the same pending more information.

E.2. Cordico Mobile Wellness Apps for Law Enforcement

Mr. David Black, CEO of Cordico made a presentation regarding the features and benefits of the Cordico Mobile Wellness application. At least two members have implemented the app and a few others have shown interest. If enough members show interest in the app it is possible NCCSIF could contract directly with Cordico to obtain a volume discount, similar to the agreement with Lexipol. Dr. Black stated he would welcome the opportunity and would be able to offer a volume discount.

E.3. Legislative Update

Mr. Tom Kline from York provided an overview of Assembly Bill AB 392 - Weber. Peace officers: deadly force and also of Assembly Bill SB 230 - Caballero. Law Enforcement: use of deadly force: training policies.

Ms. Dori Zumwalt from York discussed Assembly Bill SB 542 - Stern. Workers compensation.

E.4. Technology Discussion

Mr. Tom Kline reviewed a recent article about the Helus Shield. It is a tool designed to provide ballistic protection in an active shooter situation to a responding police officer.

E.5. Round Table Discussion

Captain Rodney Rego, Elk Grove, spoke about wellness and asked for the group's endorsement for a COPS grant for a pilot program in Elk Grove involving Dr. Ben Stone and SIGMA Tactical Health. They are piloting a screening tool for identifying heart attack risk that includes a calcium



test and on-site screening. The test is \$700 per person and they want NCCSIF support for their application for a national COPS grant to participate.

Rachel Ancheta asked about the confidentiality of the data - where does the information go? Captain Rego stated the results were confidential and no names would be used in the summary data reported from the program. The test is voluntary and takes about 4.5 hours.

After discussion the members agreed to have the Program Managers prepare a letter of support for the grant.

Mr. Kline went over potential future training topics as follows:

- Lt. Ryan Johansen, City of San Bruno Police Department - Lessons Learned from an Active Shooter Incident
- Dr. Joel Fay, PSYD, ABPP, FRSN Clinical Director - Mental Health, Crisis Intervention and De-escalation

The members of the police committee expressed interest in both training topics.

The Committee recessed for lunch at 11:15 a.m.

The meeting resumed at 11:40 a.m.

Paul Wright, CEO of Savvy Fitness, made a presentation entitled *Shifting the Wellness Mindset-Building a Fit-for-Life Culture*. He emphasized the unique nature of Law Enforcement Officers (LEO) duties and the need for a balanced approach to managing life stressors. He stressed the importance of exercise in enabling LEOs to mitigate the highs and lows that come with shift work - being on duty and extremely vigilant and then going home and “tuning out” in various ways.

Mr. Wright also provided an overview of how his company assists his clients, including many police agencies, in creating a culture that addresses the six strategic anchors in the workplace: Health, Career, Financial, Social, Community, and Spiritual. He emphasized it is a process that involves change over a period of time to be successful but has lasting benefits if followed.

Dori Zumwalt with York mentioned her experience in using Savvy Fitness to assist in resolving Workers’ Compensation injuries and preventing future claims. The company also provides ergonomic training designed for LEOs that has been effective in reducing injuries.

The training ended at 1:00 p.m.

Meeting adjourned at 1:00 pm



Next Meeting Date: August 1, 2019

PRMC Approval Date of Minutes: 8/1/2019

Respectfully Submitted,



Gina Will, Secretary

9/26/19
Date